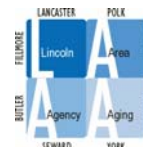


**Center Hours: 9AM -1 PM**  
**Monday, Wednesday & Friday**  
**Manager - LaNora Clay**  
**(402) 441-7849**

**Joann Maxey ActivAge Center**  
**Malone Community Center**  
**2032 U Street**  
**OCTOBER 2006**



**1005 "O" Street**  
**Lincoln, NE 68508**  
**(402) 441-7158**

MON	TUES	WED	THURS	FRI
<p>2</p> <p>9 AM - Games  10 AM - Price is Right  11 AM - Hand Care  11:30 AM - Lunch-Swiss Steak</p>		<p>4</p> <p>9 AM - Games  10AM - Movie  11:30 AM - Lunch- Meatball Stew</p>	<p>5</p> <p>Food Net @  Malone  Center  1-2 PM</p>	<p>6</p> <p>9 AM - Games  9-10 AM - Flu Shots  11:30 AM - Lunch- Turkey Tetrzzini</p>
<p>9</p> <p>9 AM - Games  10 - 11 AM - Free Medicare Part  D Forum  11:30 AM - Lunch- Baked Fish</p>		<p>11</p> <p>9 AM - Games  10AM - Bingo  11:30 AM - Lunch- Oven Fried Chicken</p>	<p>12</p> <p>Food Net @  Malone  Center  1-2 PM  <b>Dinner &amp;  Show</b></p>	<p>13</p> <p>9 AM - Games  10:30 AM - Robbie Nathan - speaking on  Client Direct Support Services  11:30 AM - Lunch- Salisbury Steak</p>
<p>16</p> <p>9 AM - Games  10 AM - Price is Right  11 AM - Hand Care  11:30 AM - Lunch- Chili</p>		<p>18</p> <p>9 AM - Games  10:30 AM - Bryan LGH Students program  on Gout  11:30 AM - Lunch- BBQ Pork Ribettes</p>	<p>19</p> <p>Food Net @  Malone  Center  1-2 PM</p>	<p>20</p> <p>9 AM - Games    11:30 AM - Lunch - Chicken Breast w/  Tomato Basil</p>
23		25	26	27

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MON	TUES	WED	THURS	FRI
9 AM - Games 10 AM - Price is Right 11 AM - Hand Care 11:30 AM - Lunch- Shepherd's Pie		9 AM - Games 10 AM - Bingo 11:30 AM - Lunch- Roast Beef	Food Net @ Malone Center 1-2 PM	9 AM - Games 10 AM - Leave for Field Trip to Sheldon Art Gallery - \$5.00 Lunch @ Old Country Buffet - not included in cost
30 9 AM - Games 10 AM - Price is Right 11 AM - Hand Care 11:30 AM - Lunch- BBQ Chicken				

Dinner & A Show

October 12 - Joe Taylor - Cotner Center Condominiums  
 November 16 - USO Show - Downtown *ActivAge* Center  
 December 8 - Holiday Lights tour - Downtown *ActivAge* Center

WALKING AT 10 AM  
 MON-WED-FRI  
 AS WEATHER PERMITS

**TA CHI** with Vernon Smith  
 every Saturday @ Malone  
 Center 9 to 11 AM